



WHEN a dog bites me once,
I'm through with it. Same
way with a tobacco.

VELVET is aged in the
wood for two years to
make it the smoothest
smoking tobacco.

Velvet Joe.

FLOWING WATER BATHS CURE FOR SHELL SHOCK

LONDON, Oct. 18.—Wounded soldiers suffering from shell shock and various complaints are being cured at the Ontario military hospital, Orpington, Kent, by a novel treatment of baths with continuously flowing water.

A soldier went into the bath a yawning maniac, was held down by rubber bands and emerged cured and able to walk out after eleven days' continuous treatment.

The treatment is pleasant, judging from the blissful expression on the face of a patient sleeping in a bath, shown on a movie film.

The patient lies on a sheet and pillow suspended in the bath with the water up to his chin. His head protrudes through a sheet placed over him. The water is regulated to the man's temperature, and flows with a rippling motion from head to foot.

KARL GRIOTT

TEACHER OF MUSIC AND
GERMAN LANGUAGE

Orchestra furnished for all
occasions, any number of pieces.
Dancing parties a specialty.

Call 515 Madison. Phone 450R

Sick Room Rubber Goods

RECEIVE OUR SPECIAL
ATTENTION.

We are at all times equipped
to supply your needs at
shortest notice with practical
first quality rubber goods.

We sell the famous advertised
"Kantleek" Rubber
Goods and guarantee utmost
satisfaction and value.

Telephone orders from you,
your nurse or physician receive
our instant attention.
Deliveries are prompt and
correct.

Give us a trial.

Tallman & Co

Leading Druggists

BAD DREAMS ARE SYMPTOMS

Ill Health the Cause—Main
Alarming Symptoms of Women's
Ailments—How Cured.

Paterson, N.J.—"I thank you for the
Lydia E. Pinkham remedies as they have
made me feel happy and healthy. Some-
time ago I felt so run down, had pains
in my back and side, was very irregular,
tired, nervous, had such bad dreams,
did not feel like eating and had short
breath. I read your advertisement in
the newspapers and decided to try a bottle of Lydia E. Pinkham's
Vegetable Compound. It worked from
the first bottle, so I took a second
and a third, also a bottle of Lydia E.
Pinkham's Blood Purifier, and now I am
just as well as any other woman. I advise
every woman, single or married, who is
troubled with any of the afore-
said ailments, to try your wonderful
Vegetable Compound and Blood Purifier
and I am sure they will help her to get
rid of her troubles."—Mrs. ELISE J.
VANDER SANDE, 7 Godwin Street, Pat-
erson, N. J.

Women suffering with any form of
female ill, or any symptoms that they
do not understand, are invited to write
the Lydia E. Pinkham Medicine Co.,
Lynn, Mass. (confidential), and receive
advice wholly free of cost.

Marie Doro, Lasky Star in Para-
mount Pictures.

Marie Doro's latest opera cloak is
made of broadcloth, lined with
chiffon and edged with Kolinsky. This
cloak created quite a sensation at a re-
ception in Los Angeles.

ROOSEVELT IS OFF ON SPEAKING TOUR

Republican Left Bower Started Big
Western Trip Yesterday Morning—
Kentucky to Get Heaviest Effort.

NEW YORK, Oct. 18.—Roosevelt,
the republican left bower, started
his big western trip at 10:30 yesterday
morning. He speaks at Kentucky,
Arizona, New Mexico, Colorado and
Illinois.

He makes his heaviest effort in
Kentucky and will make thirteen
stops and short platform speeches
before hitting Louisville. He begins
speaking at Falmouth. He will have
only the slightest rest until he con-
cludes his short talks at Lebanon
Junction.

He arrives at seven thirty and de-
livers a carefully prepared speech.
He stops three hours. After return-
ing to New York, Roosevelt will de-
cide whether to make New York,
Pittsburg, Indiana and Ohio tours.

BOYS FORM "JUNIOR MARINE SCOUTS" CORPS

NEW YORK, Oct. 18.—Eight hun-
dred former U. S. Boy Scouts living
on the west side of this city have
formed an organization called "The
Junior Marine Scouts," for training in
the duties of U. S. Marines. The or-
ganization is in no way affiliated with
the U. S. Boy Scouts, and plans are
under way to make the body national
in scope and character.

The Junior Marine Scouts have
taken up as their special plea to others
that the training they will receive on
land and sea is of greater benefit
than either land or sea training taken
separately. It's a two-in-one service
—both naval and military—they ar-
gue, and they look to see the idea
spread over the entire country.

Mr. I. W. Irving, 146 West 105th
Street, New York, is at the head of
the new organization, and several
prominent citizens have interested
themselves in the movement.

Marie's Latest Cloak.



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Marie Doro's latest opera cloak is
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chiffon and edged with Kolinsky. This
cloak created quite a sensation at a re-
ception in Los Angeles.

JOCKEY MUST SERVE AS BRITISH SOLDIER

LONDON, Oct. 18.—The appeal for
exemption from military service on
domestic grounds by the jockey,
Bernard Dillon, has been withdrawn.
Dillon, who was refused admittance
to the United States when he visited
there in company with the famous
music hall artist, Marie Lloyd, will
thus have to "do his bit" at the front.

OUCH! LAME BACK, RUB LUMBAGO OR BACKACHE AWAY

RUB PAIN RIGHT OUT WITH
SMALL TRIAL BOTTLE OF
OLD, PENETRATING "ST.
JACOB'S OIL"

Kidneys cause Backache? No! They have no nerves, therefore can not cause pain. Listen! Your backache is caused by lumbago, sciatica or a strain, and the quickest relief is soothing, penetrating "St. Jacobs Oil." Rub it right on your painful back, and instantly the soreness, stiffness and lameness disappears. Don't stay crippled! Get a small trial bottle of "St. Jacobs Oil" from your druggist and limber up. A moment after it is applied you'll wonder what became of the backache or lumbago pain.

Rub old, honest "St. Jacobs Oil" whenever you have sciatica, neuralgia, rheumatism or sprains, as it is absolutely harmless and doesn't burn the skin.

HE SQUARED A BREACH OF PROMISE SUIT



Miss Anna Kihnel, aged forty-two, who for many years has been the housekeeper of Joseph Henkel, aged forty-eight, an employee of the Scribner's publishing house in New York City, has sued him for \$50,000 for breach of promise. His answer to her complaint startled her and her lawyer. He said he was willing to marry her. Either she had to let her case go or marry. The pair are here photographed on the way to the marriage license bureau, where there were complications because Miss Kihnel did not answer questions about her former marriage and divorce satisfactorily.



Daily Chats With the Housewife

CATCHALLS FOR CLOSET SHELVES
The woman who made them had just put the finishing touches on the furnishing of a charming new house. Showing her first visitor over the house, she remarked that she had always intended to avoid the unsightly collection of articles which, in even the best regulated homes, accumulate on the closet shelves. She had therefore procured about two dozen boxes of uniform size—preferably the ones in which men's shirts come from the shop, these being about 8 inches deep, 24 inches long, and 15 inches wide, quite heavy and well made. These she covered carefully with wall paper to match each room. Six of these were chosen for each closet, and were piled up in the order which best suited the size of the closet. These held such things as the piece of cretonne left from the hangings, new material for sewing, the odds and ends left by the visiting dressmaker, and the many other small articles one never quite knows what to do with. In many households it might be necessary to label the boxes, and very attractive labels can be bought for the purpose. The visitor was interested to see

when a closet door was thrown open, that the upper part of it looked very much like a continuation of the wall of the room, as all the boxes in sight were covered with the same paper. The effect was restful, neat and orderly.

THE SAUCEPAN COVER.
When a saucepan cover seems useless because the little knob or handle is lost, push a cork part way through the opening and secure it by driving a small nail horizontally through the cork on the under side.

IN MAKING POTATO SALAD.
If potato salad is mixed while the potatoes are still warm, the flavors seem to blend much better than when the ingredients are all cold.

TO SAVE GAS IN COOKING.
Have the articles ready and on the burner before the gas is lighted. Light the match, turn gas cock on full and apply match.

If lighted slowly, and gas pops or gives a yellow and blue noisy flame, it means imperfect combustion. The gas should be quickly turned out and properly relighted to give a blue flame.

As soon as the liquid begins to boil, turn the gas down until there is just enough heat to keep it boiling.

Use the simmering jet whenever possible. It supplies sufficient heat to keep a large kettle of water boiling.

TO MAKE A THIN WHITE SAUCE.
One cup milk, 1 tablespoon butter, 1 tablespoon flour, 1-2 teaspoon salt, 1-4 teaspoon pepper. Put butter in saucepan; stir over slow heat until melted and bubbling; add flour mixed with seasoning and stir until thoroughly blended. Remove from fire to pour over cold milk. Return to stove and bring to boiling point, stirring constantly, and let boil 1 minute.

TO KEEP FRUIT FROM DISCOLORING.

To keep fresh pared fruit, such as apples, peaches, pears or bananas, from discoloring, wrap well in tissue paper, or waxed or manilla paper, and set in a cool place.

J. C. STURGILL GIVES NORMAL ENDORSEMENT

Declares Pendleton Took the Initiative; Also Has the Proper School Spirit.

Not only did the county superintendents of the state at their convention in Salem last week come out by resolution for the measure providing for a normal school in this city but many of them since have made personal endorsements of the amendment and are working actively in support of the bill.

Among the many endorsements which the local committee has received recently is the following from J. C. Sturgill, superintendent of Gil-

Extra Specials Your choice 25c

- 9 Quart Gray Granite Dish Pan
- 5 Quart Gray Granite Pudding Pan
- 5 Quart Gray Granite Stew Pan
- 5 Quart Gray Granite Preserving Kettle
- 6 Quart Gray Granite Milk Pan
- 1 Quart Gray Granite Coffee Pot
- 1 Quart Gray Granite Tea Pot
- 2 Quart White Granite Stew Pan
- 2 Quart White Granite Kettle
- 2 Quart White Granite Mixing Bowl
- White Granite Fry Pan

The
Leader
Corner Main
and Court St.

ham county and president of the County Superintendents' association:

"As president of the County Superintendents' Association of Oregon, I heard many discussions among the county superintendents with regard to the school needs of each county. The lack of trained teachers appears to stand out most prominent and as I am familiar with the needs of eastern Oregon I know that our work would be lessened and better results secured if all teachers were trained. All agree that this can be accomplished only by securing more facilities. As Pendleton took the initiative and from the school spirit that exists among its people, coupled with its location, school facilities and service, I most heartily recommend the passage of the measure creating a normal school at Pendleton.

Very truly,
J. C. STURGILL

PERSONAL NOTES FROM THE WESTON COUNTRY

(East Oregonian Special.)
WESTON, Ore., Oct. 18.—Born, to the wife of Orval Duncan, on Oct. 13, a daughter.

Mr. and Mrs. Melroe went to Walla Walla Sunday to attend the funeral of Alexander Kinner.

Mrs. Marvel Watts of Athena visited relatives in Weston Sunday.

John York has gone to Helix where he has employment on the ranch of Ray Winn.

Leola Duncan is visiting friends in Walla Walla.

Sim J. Culler went to Walla Walla Sunday to be with his little daughter who accidentally had her nose broken while playing at school.

Mrs. J. S. Harris has returned from a week's visit with friends in Spokane.

Mrs. Minnie Walker of Helix was in the city Sunday.

Rev. Shelton, pastor of the Baptist church at Milton, preached in Weston Sunday morning.

Mrs. George Nesbit, who has been ill for several weeks, is improving.

Fred Henderson of Pendleton, visited friends in Weston Sunday.

Eph Tucker has purchased the I. C. Hopkins ranch on Weston mountain and has taken possession of the same.

Henry Wood, a former resident of Weston, but now of Athena, was in the city Monday greeting old friends.

Mrs. W. A. Barnes visited in the Garden City Saturday.

Mrs. Ethel Waddingham entertained "The Bachelor Girls' Club" on Monday evening at her home on Water street.

GIRLS! HAVE WAVY, THICK, GLOSSY HAIR FREE FROM DANDRUFF

SAVE YOUR HAIR! DOUBLE ITS
BEAUTY IN A FEW MO-
MENTS—TRY THIS!

If you care for heavy hair, that glistens with beauty and is radiant with life; has an incomparable softness and is fluffy and lustrous, try Danderine.

Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff; you cannot have nice, heavy, healthy hair if you have dandruff. This destructive scourer robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots fall out, loosen and die; then the hair falls out fast.

If your hair has been neglected and is thin, faded, dry scraggy or too oily, get a 25-cent bottle of Knowlton's Danderine at any drug store or toilet counter; apply a little as directed and ten minutes after you will say this was the best investment you ever made.

We sincerely believe, regardless of everything else advertised, that if you desire soft, lustrous, beautiful hair and lots of it—no dandruff—no itching scalp and no more falling hair—you must use Knowlton's Danderine. If eventually—why not now?

STANDARD OIL HEAD REFUSES STRIKERS' HEARING

BAYONNE, Oct. 18.—Superintendent Hennessey of the Standard Oil refused to meet the strikers' committee seeking higher wages. The strike will continue. There was no bloodshed or rioting this afternoon but the feeling is still intense.

The police are watching for the return of Mrs. K. Sergeant Cram, New York society woman and strike leader, who was ordered to leave the strike district. The police were ordered to arrest her on sight.

Chauncey Depew is making speeches for the republican ticket, but what most of us would like to hear from "the peach" is reminiscences of the last days of Methuselah.

Iron Is Greatest of All Strength Builders, Says Doctor

A Secret of the Great Endurance and Power of Athletes.

Ordinary Nuxated Iron Will Make
Delicate, Nervous, Run-down People 200 Per Cent Stronger in
Two Weeks' Time in
Many Cases.

NEW YORK, N. Y.—Most people foolishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. Sauer, a well known specialist who has studied widely both in this country and Europe when, as a matter of fact, real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter.

From their weakened, nervous condition they know something is wrong but they can't tell what, so they generally commence doctoring for stomach, liver or kidney trouble or symptoms of some other ailment caused by the lack of iron in the blood. This thing may go on for years, while the patient suffers untold agony. If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, indigestion and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And

this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize-fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray, while many another has gone down to inglorious defeat simply for the lack of iron.

NOTE—Nuxated Iron recommended above by Dr. Sauer is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents is widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy, in nearly all forms of indigestion, as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent or over in four weeks' time provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by A. C. Koeppe, & Bros. and all other dealers.

Plan now for the coming winter—when most of your time must be spent indoors.



A Shrewd Man

always has his winter coal supply in before the cold snap arrives.

Are you one of these men?
Have you got your coal supply in the bins?

The comfort and satisfaction to both you and your family are coal facts on a warm subject.

If you have not ordered your coal as yet, go right to the phone and

Order a Load of Our Clean Rock Springs Coal

Good dry fir, pine and slabwood.
We sell the best quality at the lowest price and guarantee you good weight and service.

Oregon Lumber Yard

Telephone 8



FIELDING H. YOST

Here are a few flashes of philosophy culled from an interview with Fielding H. Yost, the veteran coach of the University of Michigan football team.

"In the Game of Football of Life, it isn't the hands or the feet which succeed. It's the heart. If you want to judge a man put him in a football game. I read men by football. It is my work and my pleasure.